



## LIVINGSTON COUNTY HEALTH DEPARTMENT

2300 East Grand River Avenue, Suite 102

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[www.lchd.org](http://www.lchd.org)

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**PERSONAL/PREVENTIVE HEALTH SERVICES**

**P: (517) 546-9850**

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**ENVIRONMENTAL HEALTH SERVICES**

**P: (517) 546-9858**

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February 16, 2024

To: Livingston County Board of Commissioners

From: Matt Bolang

Re: Resolution to Accept grant funding from the Michigan Association for Local Public Health to support Local Health Department Staff Wellbeing

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The Michigan Association for Local Public Health has secured funding from MDHHS since 2021 to provide wellbeing mini grants to Local Health Departments. These grant funds are intended to provide, or arrange for, services designed to address workplace stress associated with responding to the COVID-19 pandemic. Program services may be educational or therapeutic in nature, and may address topics such as teambuilding, mindfulness, dealing with difficult people and situations, workplace violence mitigation, reducing stress, and resilience.

In the past, LCHD has used these funds to provide professional speakers and to cater lunch for staff. I am requesting that the BOC support the acceptance of these funds as they have been valuable in providing professional development resources for staff and an opportunity to build teamwork within the department.

Please do not hesitate to contact me should you have any questions.