



Community Mental Health Services of Livingston County

November 12, 2024

**Commissioner Jay Drick– Chair
Commissioner Frank Samples-Chair of the Personnel Committee
Livingston County Board of Commissioners
304 E. Grand River
Howell MI 48843**

**RE: REQUEST FOR RE-APPOINTMENT TO
LIVINGSTON COUNTY
COMMUNITY MENTAL HEALTH AUTHORITY BOARD**

Dear Commissioner Samples and Commissioner Drick :

This letter is to serve as written notification of our recommendation to re-appoint the following Livingston County Community Mental Health Authority Board Members upon the expiration of their present term of office, on 12/31/2024:

- 1.) Roxanne Garber, Livingston Community Mental Health Authority Board Member since 9/5/1989. Chair of the Livingston County CMH Board.
- 2.) Connie Nagy, Livingston County Community Mental Health Authority Board Member since 02/28/2022
- 3.) Michelle Kozak, Livingston County Community Mental Health Board Member since 01/01/2022.

All the Board members listed above have been invaluable to our CMH Board and agency operations based on their vast experience, expertise and commitment to the mission of our agency. As you can see, Roxanne Garber has demonstrated a strong commitment to our CMH Board for over 35 years in a variety of capacities. Roxanne has been a strong advocate for our public mental health system and provides strong leadership and accountability to our agency.

Connie Nagy is a newer member of our Board since 2022, she brings a unique perspective to our board through her personal and professional experience. Michelle Kozak is also newer to our Board and have been a great asset during some difficult times and bring various expertise and experience. I am also attaching letters from each of these two Board Members requesting re-appointment with some additional information from the original letters request appointment to the CMH Board that demonstrates their commitment to our agency mission.



Community Mental Health Services *of Livingston County*

It has been an honor to serve as the Executive Director with such great leadership by these board members and the other members of our CMH Board. I would like to recommend the re-appointment of all these board members as they are invaluable to our agency operations and the residents of our county.

Please let me know if you have any questions. Thank you for your consideration.

Sincerely,

Constance Conklin

Executive Director of Livingston County Community Mental Health Authority

Livingston County Board of Commissioners

My name is Roxanne Garber and I would like to be considered for reappointment to the Community Mental Health Board of Livingston County. It has been both a pleasure and a privilege to serve on this Board in the past and I would like to continue to do so. Thank you for your consideration in this matter.

A handwritten signature in cursive script that reads "Roxanne Garber". The signature is written in black ink and is positioned to the left of the printed name.

Roxanne Garber

To: The Livingston County Board of Commissioners and Connie Conklin
November 12, 2024

This is my request to continue my appointment as a member with the Livingston County Mental Health Board. I continue to believe that this is an important and vital need in our community to help ensure those in need are cared for appropriately. Mental health trends are a continued and growing concern. If we all did not take the time to be involved, who would care for those in need? Connie Conklin has shown me a determination above anyone else. She shows me how much she does in the name of mental health and it's an incredible duty. If I can continue to give my time to help this effort, then I feel I am helping to do 'something' in the name of mental health.

Thank you for your time.

Best,

Connie Nagy

January 7, 2022

Good afternoon.

I am writing to you today to apply for the vacant board position. While my credentials professionally are as a Respiratory Therapist at Michigan Medicine, my personal experience with mental health awareness is where I have spent a great deal of my time for the last 3 ½ years.

I lost my son to suicide May 25th, 2018. My mission has been to promote mental health ever since. My son showed no outward signs of distress. He suffered in silence with his mental battle with anxiety.

In February of 2019, I started a nonprofit organization for suicide prevention. The Carl Nagy Foundation. I have worked hard to express love and kindness in the Brighton schools, Facebook, and other area's.

This past year, we awarded four \$1000.00 scholarships to four senior band students.

We fully sponsored a social emotional learning therapy dog for the students at Brighton through BAS pack of dog's program.

We passed out hundreds of bracelets, (all w/suicide hotline and text embossed on the inside), journals, pen's, dog tag's at BHS for Kindness week and Yellow Ribbon event.

We purchased hundreds of journals for the kids and passed them out at the school for Yellow Ribbon and afterwards to an additional 100 students as they were asking for one once they ran out. This shows me that the need is there. A journal on emotional intelligence to help understand their feelings and emotions.

I do feel that this is a very important area to focus on. Once kids reach puberty, the whole game changes for them and no matter how much we think we have delivered all the necessary information to our kids, we still fall short. Kids still are losing their way. We need to start the process of emotional intelligence or EQ before they are reaching their breaking point.

My heart has been broken by the loss of my son. It's incredibly scary to think you have tried to do and say all the right things. Have all the conversations about sex, drugs, even suicide for us... I think we dropped ball on thinking he was OK when he said he was. I don't think he understood what was happening to him. That he couldn't articulate what was happening to him. I think he felt that he couldn't figure out himself... How in the world was he supposed to explain to anyone else?

I'm not sure what I will bring to the table for you all. Hopefully, somehow continue to make a difference for kids in the community.

I have attached a video to show you all more of a personal view of what we have done in the community this past year.

"We can't help everyone, but everyone can help..." - Ronald Reagan

Thank you for your time,

Connie Nagy

November 13, 2024

Dear County Commissioners,

I Michelle Kozak am still interested in serving on the Livingston County Community Mental Health Board. I think I am a great asset to the board. I want to continue helping consumers and family members navigate thru their consumer's recovery. Thank you for your consideration.

Michelle Kozak

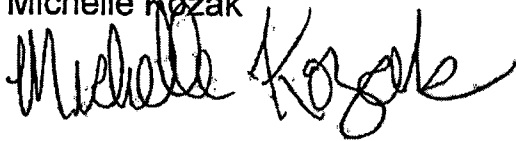
November 3, 2022

Dear Personnel Committee (County Commissioners),

I am writing this letter to express my interest in the vacant spot on the Community Mental Health Board of Directors. My name is Michelle Kozak and I have been a consumer of CMH for 13 years. I was previously on the board for approximately 5 years back in the late 2000s. I took a break from the board because there was a conflict with my personal schedule. I think I would be a great asset to the board. I am a great advocate for people with disabilities and mental health challenges. I have also done state and local advocacy. Thank you for your Consideration.

Sincerely,

Michelle Kozak

A handwritten signature in black ink that reads "Michelle Kozak". The signature is written in a cursive style with a large, prominent "M" and "K".

**LIVINGSTON COUNTY
COMMUNITY MENTAL HEALTH AUTHORITY BOARD**

2024

| Board Member Name & General Info. | Home # | Work# | Cell# | E-Mail Address |
|--|------------|------------|------------|--|
| <p>Lisa Berry-Bobovski ██████████ Brighton MI 48116 (3.20.2000) Term Expires 12/31/25 RRAC – Chair</p> | N/A | N/A | ██████████ | lisaberrybobovski@gmail.com |
| <p>Patrick Bridge ██████████ Brighton, MI 48116 (11.23.2020) Term Expires 12/31/25</p> | N/A | N/A | ██████████ | bridgepatrick972@gmail.com |
| <p>Roxanne Garber – Board Chair ██████████ Brighton MI 48116 (09.05.1989) Term Expires 12/31/24</p> | ██████████ | N/A | ██████████ | btownmommag@hotmail.com |
| <p>Matthew Ikle ██████████ Howell MI 48843 (02.11.2019) Term Expires: 12/31/26</p> | N/A | ██████████ | ██████████ | eliteins@comcast.net |
| <p>Michelle Kozak ██████████ Howell, MI 48843 (01.01.2022) Term Expired 12/31/24</p> | N/A | N/A | ██████████ | mkozak32286@gmail.com |
| <p>Connie Nagy ██████████ Brighton, MI 48116 (02.28.2022) Term Expires: 12/31/24</p> | ██████████ | N/A | ██████████ | ccnagy@gmail.com |

| | | | | |
|---|------------|------------|--|--|
| Joanne Pfeffer - Secretary ██████████ Pinckney, MI 48169 (11.07.2005) Term Expires 12/31/25 | ██████████ | N/A | 1 st Call Personal Cell: ██████████ | joanpfeffer@gmail.com |
| Mary Pizzimenti- ██████████ Brighton, MI 48114 (04.10.2018) Term Expires 12/31/26 | N/A | N/A | ██████████ | mzpizzimenti@gmail.com |
| Mary Serio Vice Chair ██████████ Howell, MI 48855 (05.28.2019) Term Expires 12/31/25 W&M Committee Chair | N/A | N/A | (██████████) | mkserio@gmail.com |
| Sharon Slaton ██████████ Brighton MI 48116 (08.03.1998) Term Expires 12/31/24 | ██████████ | ██████████ | ██████████ | slatons068@gmail.com |
| Suzanne Vandemergel ██████████ Howell, MI 48843 (01.25.2021) Term Expires 12/31/2026 | N/A | N/A | ██████████ | vandemergel@sbcglobal.net |
| Open Seat Vacated on 12/31/2022 By G. McIntosh Term Expired 12/31/22 | | | | **We have recommended Andrew Yurkanin to fill this open seat. Information was sent to the BOC on October 2, 2024. This is scheduled to go to the Personnel Committee on 12/02/24 ** |